

NAD+ SQ LOAD Injection Instructions

- **KEEP REFRIGERATED**
- **Wipe rubber stopper with alcohol pad**
- **Draw up NAD+ to the “50” mark (0.5 mL) on the syringe**
- **Remove any air**
- **Wipe the skin site with the alcohol pad**
- **Inject 0.5ml every 2 – 6 hours as tolerated**
22 total injections

(Dosing examples....)

1. **If you do 2 injections a day (one in the AM and one in the PM) then it will take 11 days to complete**
2. **If you do 3 injections a day it will take 7 days plus 1 injection on day 8**
3. **If you do 4 injections a day it will take 5 days plus 2 injections on day 6**

Side Effects

Minor side effects of nausea, flushing, headache and mild stinging sensation with rapid injection. The most common reported symptom is some redness or irritation at the injection site.

**** See the “How to Inject Subcutaneous” instructions**

305-615-4945