

# PEPTIDE THERAPY PROTOCOLS

## Peptide Therapy-

Peptides are strings of amino acids that act as the building blocks for essential proteins in your body. Peptide therapy is a new, cutting-edge treatment as a potential adjunct to enhancing our body's ability to heal itself, as well as maintain an optimal health state. ReNU MD has developed peptide protocols that contains multiple individual peptides that have been selected based on science and research to best achieve the desired benefit

Our peptides are compounded in an FDA-approved pharmacy utilizing the purest ingredients and sterile procedures. Our peptide protocols are well-tolerated and safe. Not all peptides are FDA approved and many are prescribed for offlabel use at the discretion of the prescribing provider. They are sold as a 1-month treatment plan. Each protocol is administered as a subcutaneous (SQ) injection done in the comfort of your home. Patients will notice significant increase changes after the first month, to get the maximum benefits usually requires 3 months of therapy.

## HOW DO I GET STARTED

Need more information? --> **Schedule a Free Virtual/Telehealth Consult to learn more**

<https://renumdhealth.myaestheticrecord.com/book/appointments>

Ready to get started with your Peptide Therapy?

**All peptide therapy purchases require a 15-minute PEPTIDE consultation and on-boarding with our practice (\$100 booking fee, will be applied to the peptide protocol.)**

<https://renumdhealth.myaestheticrecord.com/book/appointments>

Once this is complete, we mail/deliver the Peptide protocol directly to you (Must be refrigerated). Our peptides are compounded at fully accredited FDA-approved and licensed US pharmacy and we can only ship within the US. Not all peptides are FDA approved and many are prescribed for off-label use at the discretion of the prescribing provider. ***Consult your doctor if you are taking any blood-thinners prior to starting any subcutaneous (SQ) injections due to the risk of bleeding. Not for use if you are pregnant or breast feeding***



## ANTIAGING Peptide Protocol

### Turn back the Clock

**\$475**

<b>ANTIAGING</b>
<b>CJC1295</b>
<b>IPAMORELIN</b>
<b>MOTS-C</b>
<b>EPITALON</b>
<b>GHK-Cu</b>

**This innovative protocol uses peptides to increase one's own natural human growth hormone production and treats age-related conditions, slowing the aging process, and restoring youth.**

Benefits of this protocol include:

- Increase muscle tone new to growth of new muscle cells
- Reduce body fat.
- Increase in energy, strength, and endurance
- Can improve workouts and recovery from physical activities
- Improve skin tone resulting in less wrinkles.
- Deeper, more restful sleep.
- Decrease joint and muscle pain.
- Accelerate healing from wounds or surgery
- Improve mental clarity



## COGNITION Peptide Protocol

\$475

The ultimate neuro-regenerative blend for the Brain

<b>COGNITIVE</b>
<b>CJC1295</b>
<b>EPITALON</b>
<b>PINEALON</b>
<b>SEMAX</b>

**Perform your best mentally. Excellent for professionals and executives looking for peak performance. Reverse the effects of aging on the brain. Has been shown to be useful after brain injury, stroke, encephalopathy, neurodegenerative disorders, and diseases such as Alzheimer's and Parkinson's.**

Benefits of this protocol include

- Improving mental clarity
- Improve focus and attention span
- Clear brain fog associated with aging
- Improved memory retention
- Improved mood and energy
- Less irritability
- Improve recovery for stroke victims.
- Neuroprotection



## PERFORMANCE Peptide Protocol

For the Athlete in all of us

\$475

PERFORMANCE
CJC1295
IPAMORELIN
MOTS-C
THYMOSIN B-4 (TB 500)

**For the competitor in all of us. Get maximum performance, endurance, intensity and focus with accelerated recovery with this peptide protocol.**

Benefits of this protocol include

- Improved workouts and enhanced recovery • Increased exercise capacity.
- Increased energy, strength and stamina.
- Increased lean muscle mass and boost muscle injury recovery
- Increase bone density and strength • Improve flexibility and joint mobility.
- Reduced inflammation.
- Protection from injury.
- Increased metabolism of fats for energy
- Increase energy and stamina.
- Deeper, more restful sleep



## RECOVERY Peptide Protocol Repair and Regenerate your body

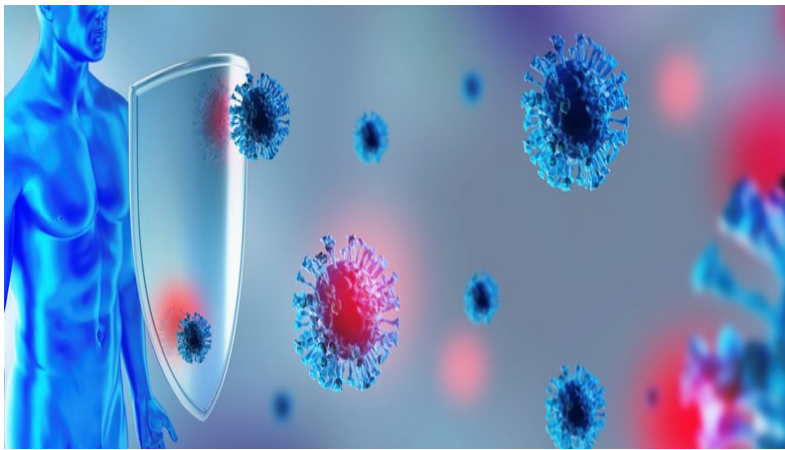
**\$475**

<b>RECOVERY</b>
<b>IPAMORELIN</b>
<b>BPC 157</b>
<b>THYMOSIN B-4 (TB 500)</b>
<b>GHK-Cu</b>

**Work hard, play hard. Now it's time for your body to recover and repair itself.**

Benefits include

- Accelerated healing of muscle and tissues from injury and training
- Rapid tendon and ligament healing.
- Enhanced recovery.
- Boosts muscle injury recovery and calms muscle spasm
- Enhance joint mobility and improved flexibility
- Tissue repair and wound healing • Promotes healing of skin injuries.
- Decreased pain in damaged tissues
- Anti-inflammatory.
- Stronger connective tissue and stimulates collagen repair
- Improved digestive function and helps with IBS (inflammatory bowel disease)



## IMMUNE BOOST Peptide Protocol

Defense against infection and inflammation

\$475

IMMUNE BOOST
THYMOSIN Alpha-1
EPITALON
GHK-Cu
THYMOSIN B-4 (TB 500)

**Give your immune system a boost, defend against infections, viruses and lower inflammation**

Benefits include:

- Immune enhancing (Increases T-cell function)
- Helps prevent infections such as the common cold or the flu and diseases
- Reduces inflammation in the body
- Aids in the removal of acute or chronic infections
- Has antibacterial, antiviral, and antifungal properties
- Supports the eradication of unhealthy cells
- Protects your cells against oxidative stress and damage
- Inhibits viral replication
- Increased resistance to emotional stress
- Improve symptoms associated with chronic fatigue
- Stimulate wound healing and skin repair



## **FAT BURNER Peptide Protocol** **\$475**

**Turn your body into the ultimate fat burning machine**

<b>FAT BURNER</b>
<b>AOD 9604</b>
<b>MOTS-C</b>
<b>CJC1295</b>

**Look your best and get ready to put on that new bathing suit.**

Benefits of taking this protocol

- Body fat reduction.
- Reduces abdominal fat
- Protects against age and diet-induced obesity • Prevents non-fatty foods from turning into body fat.
- Mobilizes stored energy during fasting or exercise.
- Increases calorie burn.
- Improved blood sugar and insulin sensitivity.
- Weight loss





## **AESTHETIC Peptide Protocol** **\$475** **Recapture your beauty and the glow of youthful skin**

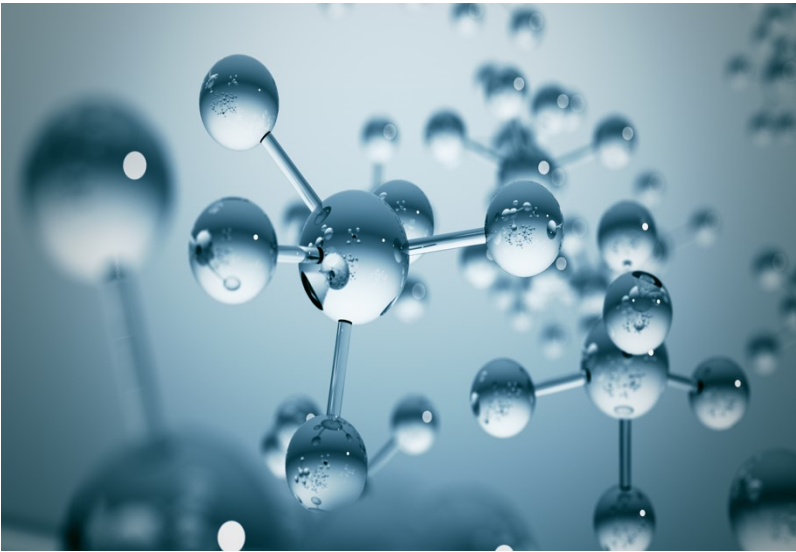
<b>AESTHETIC</b>
<b>GHK-Cu</b>
<b>THYMOSIN B-4 (TB 500)</b>
<b>CJC1295</b>

**Reverse the external signs of aging. This blend of peptides improves skin tone and reduces wrinkles. Improve your hair and nails**

Benefits of this protocol include

- Improved skin quality. Reduction of wrinkles, frown lines and crow's feet
- Improve skin firmness, elasticity, and clarity
- Reduced photodamage, modeled hyperpigmentation, skin spots and lesions.
- Protect skin cells from UV radiation. Reduce inflammation and free radical damage.
- Increase hair growth and thickness
- Stronger nails.
- Promote healing and tendons. Ligaments, muscle, skin, heart, and eyes.





**CUSTOM Peptide Protocol**      **\$550**  
**Develop a protocol to address your concerns**

**Side Effects**

Minor side effects of nausea, flushing, headache and mild stinging sensation with rapid injection. The most common reported symptom is some redness or irritation at the injection site.

**Negative Effects:**

Peptides are safe to use, and serious side effects are rare; however, it is recommended that if any more serious side effects do occur that you should consult your doctor immediately. Some of these side effects may include allergic reaction to the drug, severe dizziness or trouble breathing.

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*Consult your doctor if you are taking any blood-thinners prior to starting any subcutaneous (SQ) injections due to the risk of bleeding.*

*Not for use if you are pregnant or breast feeding*

See INSTRUCTIONS page for information on

-How to inject SQ

-Peptide Therapy Instructions







