

Peptide Protocol SQ Injection Instructions

- **KEEP REFRIGERATED**
- **Wipe rubber stopper with alcohol pad**
- **Draw up amount that is on the label (ex. 0.3 / 0.4 / 0.5 ml) that corresponds to the “___” mark (0.__ mL) on the syringe**

ANTIAGING- 0.4ml

PERFORMANCE- 0.4ml

AESTHETICS- 0.3ml

RECOVERY- 0.4ml

COGNITIVE- 0.4ml

IMMUNE BOOST- 0.4 ml

FAT BURNER- 0.3ml

CUSTOM- 0.5 ml

- **Remove any air**
- **Wipe the skin site with the alcohol pad**
- **Inject SQ as instructed every Monday-Friday, rest on weekends**
- **1 month = 20 injections**

Side Effects

Minor side effects of nausea, flushing, headache and mild stinging sensation with rapid injection. The most common reported symptom is some redness or irritation at the injection site.

Negative Effects:

Peptides are safe to use, and serious side effects are rare; however, it is recommended that if any more serious side effects do occur that you should consult your doctor immediately. Some of these side effects may include allergic reaction to the drug (severe dizziness or trouble breathing)

**** See the “How to Inject Subcutaneous” instructions**

Consult your doctor if you are taking any blood-thinners prior to starting any subcutaneous (SQ) injections due to the risk of bleeding. Not for use if you are pregnant or breast feeding

