



VIRTUE_{RF}



ReNU MD
LIVE YOUNG
recover revive restore

PRE & POST TREATMENT INSTRUCTIONS

PRE-TREATMENT INSTRUCTIONS:

- Avoid Sun Exposure for 1-2 weeks
- Suspend Accutane for 6 months
- Suspend Retinol Products for 7 days pre & post treatment
- No Aspirin or Blood Thinners for 7-10 days

POST-TREATMENT INSTRUCTIONS:

- Apply Microcurrent Dual Facemask for comfort and best results
(If Exosomes are applied wait 8 hours before applying Facemask)
- Apply Serum every few hours until gone
- Do not rub area while washing/Avoid hot water (24 hours)
- Begin washing face after 24 hours using gentle skin cleanser
- No Exfoliant until fully healed
- No makeup for 24 hours and avoid on irritated skin
- After 24 hours, Ointment/Lotion can be used on irritated/inflamed areas
- Avoid direct sun exposure for at least 3 days
- Begin using SPF 50 and makeup 24 hours post treatment
- No Sauna/Hot Yoga/Extreme Workouts for 48 hours

WHAT TO EXPECT

- Minimal Pinpoint Bleeding
- Mild Redness
- Minimal Swelling
- Mild Discomfort
- Tingling sensation from anesthetic cream
- Warmth and heat from RF energy
- Sensation of Sunburn
- Schedule your next treatment in 4-6 weeks
- Recommend 3 treatments and then a maintenance treatment every 6-12 months

For Questions or Concerns call **(305) 615-4945**